

WELCOME

Prism Mental Health Solutions is a newly established mental health clinic dedicated to providing compassionate and effective care. With a team of experienced and licensed clinical social workers who have been practicing for a combined total of 20+ years, we are capable and confident in our ability to assist you with your needs. Our clinic specializes in helping individuals with a wide range of mental health issues, including anxiety, depression, and trauma. We are committed to creating a safe and supportive environment where patients can heal and thrive.

At Prism Mental Health Solutions, we believe in the power of personalized care. We understand that each person's journey is unique, which is why we offer individualized treatment plans tailored to meet the specific needs of our patients. Our LCSWs are highly trained and skilled in evidence-based therapies, ensuring that our patients receive the highest quality of care to assist them on their healing journeys.

We are currently accepting new patients and welcome individuals from all walks of life. Whether you are seeking therapy for yourself or a loved one, we are here to help. Should you have any questions about the enclosed, please give us a call. Our friendly and knowledgeable staff will be happy to assist you in any way possible.

At Prism Mental Health Solutions, we are dedicated to helping you achieve better mental health and overall well-being. Please complete the enclosed and return to us to begin your therapeutic process.

Chelsea and Ashley

FREQUENTLY ASKED QUESTIONS



Do you currently accept any insurance as a form of payment for therapeutic services?

In short, we are working on it. We are currently fully credentialed with Aetna, AmeriHealth, CCBH, Gateway, Geisinger, Health Partners Plan, Highmark (Blue Cross Blue Shield), Keystone, Magellan, Medicaid (Blair County only), Medicare, Optum, PA Health and Wellness, United Behavioral Health, United Health, United Healthcare, UPMC, and Value Behavioral Health. We are in the process of credentialing with Humana, and Cigna. We are fully transparent and will inform you if we cannot accept your insurance prior to scheduling you. Any copay will be due at the time of your service.



What if I don't want my insurance to know I am seeking therapy? Do you accept private pay?

We hold your privacy as the highest priority and understand that some people would like to keep their preferences private. Yes, we do currently accept private pay. Payment is due at the time of service. Currently, our rates are as follows:

60 minutes - \$150
45 minutes - \$120
30 minutes - \$80



What are your areas of treatment and how do you treat the patients that you see?

Our clinicians have experience in treating a range of mental health diagnoses to include but not limited to the following: depression, anxiety, bipolar disorder, schizophrenia, obsessive-compulsive disorder, conduct disorder, anger, borderline personality disorder, and post-traumatic stress disorder. Treatment modalities can include cognitive behavioral therapy, motivational interviewing, reality therapy, person-centered therapy, dialectic behavioral therapy, mindfulness-based stress reduction, solution-focused therapy, narrative therapy, family-systems therapy, psychodynamic therapy, rational emotive behavioral therapy, grief therapy, and existential therapy.

